

Emma Donaldson-Feilder



Biography

Emma is an Occupational Psychologist (Registered with the HCPC and Chartered with the BPS) who specialises in working with organisations to achieve sustainable business performance through improvements in employee health, wellbeing and engagement. In order to have the best possible evidence-base for her work, Emma is actively involved in research; and, conversely, her consultancy and coaching with a range of organisations ensures that the research is of genuine use in real-world settings. Conducted in collaboration with academic institutions, and particularly with Rachel Lewis at Kingston Business School, research in which she is involved is characterised by a strong focus on practical application. The aim is to generate guidance and tools for managers, employer organisations and practitioners, all of which are freely available to download from sponsors' websites, including the Health and Safety Executive (HSE), Chartered Institute for Personnel and Development (CIPD) and British Occupational Health Research Foundation (BOHRF).

Emma is Director and Co-Founder of Affinity Health at Work, a specialist consultancy and research group. She works with a wide range of clients in the public and private sectors, using an evidence-based approach to help employers and managers improve employee wellbeing, engagement and performance. She is also Director and Founder of Affinity Coaching and Supervision, a specialist coaching psychology consultancy providing workplace coaching, together with supervision for coaches and other professionals. In addition, Emma is an author, conference speaker and media commentator; she is also involved in public policy activities, such as the Council for Work and Health.